# ENP in practice – use nursing diagnoses

ENP is used in EU countries by more than 70,000 users in hospitals, aged care facilities and mobile nursing services to cover and document the entire nursing care process. In many nursing schools in Germany ENP is an integral part of the training.

ENP is available as a book under the titles "ENP-Praxisleitlinien", "Praxisleitlinien Altenpflege" and "ENP-Pflegediagnosen für die Altenpflege". Additional to the ENP book editions there is also the free educational software "ENP trainer", which facilitates to easily develop and learn nursing care planning step-by-step.

For electronic use ENP is available as SQL database or CSV file. The ENP database is available in German, English, French, Italian and Spanish.

#### Knowledge for Healthcare

For over 30 years the company RECOM is the contact for high quality, innovative products and services in health care.

Our goal is to facilitate the daily work of all actors in health care as a professional and competent partner. Foundation for this is the sound scientific research work of our company. Our fields of action are in publishing as well as in the development and implementation of intelligent knowledge management systems.

The focus of the daily work are innovative concepts and ideas for the staff in healthcare institutions. Since January 2015, RECOM has cooperated with the Thieme group.

**ENP** – European Nursing care Pathways



Practice guidelines nursing

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Thieme

+ Book 3.0 + Database + Training software

RECOM ENP

## ENP as standardized terminology

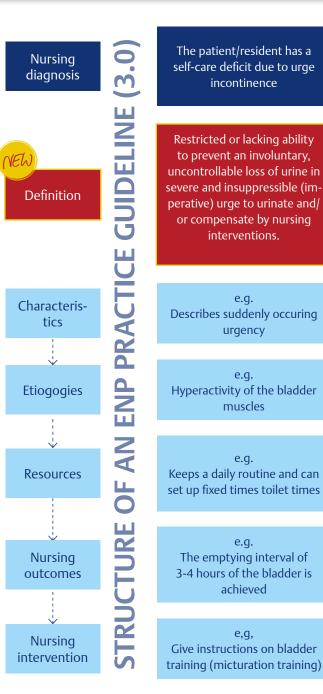
ENP stands for European Nursing care Pathways. Since 1989 the nursing language has been developed from the need for appropriate practical and intersectoral communication tools to describe the nursing care process. ENP is aimed at all areas in which care is performed: meanwhile, facilities of inpatient hospital care, rehabilitation, psychiatry, short-term care, residential care, and outpatient care work with ENP - and in many European countries.

#### **ENP as classification system**

At the same time ENP is a classification system that consists of the categories of nursing diagnosis with characteristics, etiologies, resources, outcomes, interventions as well as detailed guiding interventions. ENP is distinguished from other classifications by its low level of abstraction, i.e., ENP provides specific descriptions for each care situation throughout the nursing care process. All the necessary elements describing the nursing situation are available as a formulation aid. In addition, ENP is linked to nursing time values and thus allows for the measurement of the nursing input required.

## **ENP as database**

The ENP database contains all categories displayed in the book publications, i.e. detailed practice guidelines consisting of nursing diagnosis, characteristics, etiologies, resources, outcomes, and interventions. The complete nursing care process is illustrated and provides nurses a variety of possibilities to realize nursing documentation.



# ENP practice guideline

In support of the nursing process the nurse is provided a selection of possible characteristics, etiologies, and resources according to the nursing diagnosis. Characteristics describe, how the problem is recognized, etiologies explain why the problem occurred, and resources indicate positive aspects of the care receiver regarding the treatment process. Also, a selection of possible nursing outcomes and interventions is provided. In the graph on the left an example of a practice guideline is visualized based on a nursing diagnosis with one selected item from the list of each category.

## **ENP version 3.0**

The current ENP version 3.0 consists of 566 nursing diagnoses with corresponding practice guidelines. In four domains and 21 classes, the user has around 20,000 items available for the individual description of the nursing care process of a patient/resident. Also, it has begun to expand the practice guidelines with definitions for nursing diagnoses and explanatory texts for characteristics, etiologies, and resources.

# Key facts about ENP

- Constant further development of the scientific team
- Development of new nursing diagnoses from the practice through theory back into practice
- Each ENP practice guideline is matched with current international scientific literature
- Especially suitable for electronic data analysis, for example for outcome measurements